Margaret has been diagnosed with dementia. Her daughter, Kathy, is her caregiver. Margaret and Kathy are concerned about Margaret's future and being able to meet her evolving needs at home.



Many people like Margaret and Kathy feel uncertain about how to access the resources and support they need.

Margaret's doctor diagnoses her with dementia. Margaret and Kathy search the internet for more information.

Margaret starts taking the wrong medication dosages. Kathy takes on the daily responsibility of managing Margaret's medications.

Kathy becomes stressed each evening that Margaret may wander. Margaret becomes aggressive when Kathy tries to keep her at home.



Margaret wanders away from home at night and is taken to the hospital



## **Experience Under GUIDE**

The Guiding an Improved Dementia Experience (GUIDE) model offers a comprehensive package of services to improve the quality of life for people with dementia as well as reduce the strain on their caregivers.



Margaret receives a comprehensive assessment and a home visit to identify safety risks. Kathy's needs are also addressed.





The care team works with Margaret to

develop a care plan based on her goals

a referral to a home-delivered meal

service and tips on how Margaret can maintain her medication schedule.

> Kathy enrolls in caregiver skills training. The next time Margaret tries to wander at night, Kathy calls the care team for support and convinces Margaret to stay home.

Kathy plans for a neighbor to stay with Margaret. The neighbor cancels last minute and Kathy misses her appointment.

Margaret's dementia has progressed so that Kathy is unable to leave her alone. Margaret receives 4 hours of in-home respite care so that Kathy may attend her doctor's appointments.

