



**Arista**  
HOME CARE SOLUTIONS

**Complete  
In-Home  
Health Care**

**Proudly Family-Owned and Operated  
419-754-1897**

# Your Home Your Way



“Thank you for coming to  
my mom’s rescue!!”

Tammy P., Sylvania OH



“Paula, I really appreciate  
the personal touch you  
have with your clients.”

Terri S., Toledo OH





## The Client Experience

### **Expert In-Home Care**

From skilled nursing, PT, OT and Speech Therapy to caring professional companionship and personal care... wherever you call home.

### **Custom Care Plan**

A unique plan is created from our free, detailed assessment to fit your specific health care needs. We provide quality in-home personal and health care from 2 to 24 hours per day. To ensure optimal services, we make ongoing visits to conduct assessment updates.

### **Certified Caregivers**

You will receive quality care from our licensed and certified health care professionals. All staff receive ongoing training through our national affiliation with Relias Connect.

### **Bonded and Insured**

To keep your family safe and free from liability, all our staff undergo extensive background checks and are bonded and insured.

# Expert Medical Care

## Skilled Nursing

Our registered nurse or licensed practical nurse will provide disease and medication management and education, and more advanced nursing such as wound care, intravenous (IV) therapy, injections, catheter care, and monitoring vital signs.

## Physical Therapy

Our physical therapist will assess the specifics of your mobility and develop a wellness program tailored to your individual needs. Your physical therapy program will consist of exercises you can do at home to restore function and movement.

## Occupational Therapy

When illness or injury cause a patient to lose the ability to perform their activities of daily living, our occupational therapist helps them increase their functional independence in daily life while preventing or minimizing disability.

## Speech Therapy

Speech therapy can restore communication between you and your loved ones. Whether difficulty with swallowing or speaking, therapy exercises can help you with speech, language, and cognitive communication.

# Non-Medical Care

## Companionship

- Incidental transportation
- Shopping and errands
- Maintain calendar
- Schedule appointments
- Socialization
- Recreational activities
- Respite care

## Wellness

- Medication reminders
- Maintain vital sign logs
- Incontinence/Toileting
- Monitored/Assisted bathing
- Personal hygiene
- Dressing and grooming
- Accompany to doctor
- Nutritional assistance
- Light exercise and walking
- Promote safe practices
- Transfer assistance

## Homemaking

- Light housekeeping
- Clean kitchen and bathrooms
- Laundry and linen care
- Meal planning and preparation
- Plant care and gardening
- Pet care

## Caregiver Values



- Professionalism
- Consistency
- Integrity
- Compassion
- Quality Training

# Specialized Services

## Ohio DODD Provider

of services to individuals with developmental disabilities. We take pride in our personalized care to allow each individual to live a more independent life.



## Dementia Support

Owner Paula Birney is a Certified Dementia Practitioner. Understanding dementia is key to providing appropriate care. Our services allow your loved one to remain safely at home.



## VIP Total Care®

Our exclusive VIP Total Care offers the most comprehensive level of in-home care and services available. Service includes senior care management and concierge services.



## Orange Transport

Arista's own reliable, non-emergency medical transportation uses PASS-certified drivers to provide door-through-door assistance.





Offering a more personal level of care.  
*Paula and Clayton Birney, Owners*

## Complete In-Home Health Care

Serving Lucas, Wood, Fulton, Ottawa,  
and Sandusky Counties in Ohio  
and Monroe County, MI



[www.aristahc.com](http://www.aristahc.com)

Office: 419-754-1897

Fax: 419-720-0029

Email: [cbirney@aristahc.com](mailto:cbirney@aristahc.com)



**BBB Rating: A+**